#### **Reasons and Results of being THANKFUL!**

Sunday, August 13, 2023 Senior Pastor, Dr. Janet Cook

Thankfulness - "To show oneself grateful, to be thankful, to give thanks."

### **REASONS for Being Thankful**

Knowing and Experiencing the Nature of God

Psalms 106:1 (NKJV) Praise the LORD! Oh, give thanks to the LORD, for He is good! For His mercy endures forever.

• He is Good! And his Mercy endures forever!

### Thankfulness is a Sign of Spiritual Maturity

Colossians 2:6-7 (NKJV) As you therefore have received Christ Jesus the Lord, so walk in Him, 7 rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.

- Abounding G4053 to superabound (in quantity or quality), be in excess, be superfluous; also to cause to superabound or excel.
- Walk in Him
- Rooted and built up in Him
- Established in the Faith

## It is the Will of God

1 Thessalonians 5:16-18 (NKJV) Rejoice always, 17 pray without ceasing, 18 in everything give thanks; for this is the will of God in Christ Jesus for you.

- 1. Rejoice always
- 2. Pray without ceasing
- 3. In everything Give Thanks

## **RESULTS of Being Thankful**

#### **Promotes Honor**

Psalms 50:23 (NIV) Those who sacrifice thank offerings honor me, and to the blameless I will show my salvation.

• Sacrifice thank offerings in honor of God

#### **Promotes Humility** – Luke 17:11-19

Luke 17:15-16 (NKJV) And one of them, when he saw that he was healed, returned, and with a loud voice glorified God, 16 and fell down on his face at His feet, giving Him thanks. And he was a Samaritan.

• He fell at the feet of Jesus

#### **Promotes Happiness**

Luke 17:17-19 (NKJV) So Jesus answered and said, "Were there not ten cleansed? But where are the nine? 18 Were there not any found who returned to give glory to God except this foreigner?" 19 And He said to him, "Arise, go your way. Your faith has made you well."

• 'Arise' signifies arising to a more content and happy existence.

Romans 7:24-25 (NKJV) O wretched man that I am! Who will deliver me from this body of death? 25 I thank God—through Jesus Christ our Lord!

• "I Thank God!" Is an outburst of happiness because Jesus Christ is his source of deliverance.

#### **Promotes Hope**

19 And He said to him, "Arise, go your way. Your faith has made you well."

• 'Your faith' - faith comes from having hope in God

Hebrews 11:1-2 (NKJV) Now faith is the substance of things hoped for, the evidence of things not seen. 2 For by it the elders obtained a good testimony.

Psalms 50:14-15 (NKJV) Offer to God thanksgiving and pay your vows to the Most High. 15 Call upon Me in the day of trouble; I will deliver you, and you shall glorify Me."

# A person who is always thankful to God ushers in the very presence of God into and through their lives.

Psalm 95:2 (NKJV) Let us come before His presence with thanksgiving;

Psalms 100:4 (NKJV) Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him and bless His name.

#### That is why the Bible commands us to give thanks in EVERYTHING

Ephesians 5:20 (NKJV) ... giving thanks always for all things to God the Father in the name of our Lord Jesus Christ,

Philippians 4:6-7 (NKJV) Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; 7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

#### Communion

#### Things Jesus was thankful for:

- 1. Matthew 11:25 At that time Jesus said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned and revealed them to little children."
- Jesus was thankful that the truths of His coming might not be seen by the world, but they would be understood by those who were searching for the truth.

- 2. Luke 10:21 is another occasion where Jesus thanked the Father as He had done in Matthew 11:25.
- 3. Jesus "gave thanks" before He miraculously fed the 4,000, Matthew 15:36; Mark 8:6
- 4. Jesus "gave thanks" before He miraculously fed the 5,000. John 6:11.
- 5. He "gave thanks" at the raising of Lazarus.

John 11:41-42 So they took away the stone. Then Jesus looked up and said, "Father, I thank you that you have heard me. I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me."

6. Jesus "gave thanks" at the Passover meal (not the Lord's Supper yet).

Luke 22:17-18 "After taking the cup, he gave thanks and said, "Take this and divide it among you. For I tell you I will not drink again of the fruit of the vine until the kingdom of God comes."

7. Jesus "gave thanks" at the Lord's Supper.

Matthew 26:26-29 (NKJV) And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, "Take, eat; this is My body." 27 Then He took the cup, and gave thanks, and gave it to them, saying, "Drink from it, all of you. 28 For this is My blood of the new covenant, which is shed for many for the remission of sins.